

CLUB



HONG KONG FOOTBALL CLUB 香港足球會 APRIL 2023



LAWN BOWLS

CHRISTINA
YEUNG

BOWLER OF THE YEAR 2022

RUGBY

LEAGUE CHAMPIONS

GOLF

30TH ANNIVERSARY CELEBRATION EVENT

Interesting, Unusual Regions

WINE FAIR

*featuring wines from China, Portugal, Morocco,
Lebanon, Moldova and more.*

At Lockhart Room

SATURDAY

SUNDAY

*29th | 30th
April 2023*

1:30pm - 6pm

Tasting available



For more information,
please contact 2837 2678 or kiosk@hkfc.com



Hong Kong Football Club

3 Sports Road, Happy Valley,
Hong Kong

TEL (852) 2830 9500

FACSIMILE (852) 2882 5040

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CLUB MAGAZINE

Monthly journal of the Hong Kong Football Club. For information and requests for placement of advertisements in "Club" please call 2830 9503. The opinions expressed in the articles are those of the writers and do not necessarily reflect the opinions of the Hong Kong Football Club or the General Committee. The Club reserves the right to edit and clarify all content. The copyright of all materials is held by the Hong Kong Football Club.



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2023 HONG KONG FOOTBALL CLUB CENTENARY CUP

Back row from left: Mr Winfried Engelbrecht-Bresges - CEO of HKJC, Mrs Ann Kung Yeung Yun Chi, Mr Jackson Woo Ka Bui, Miss Anita Fung Yuen Mei, The Hon Bernard Charnwut Chan, Mr Andrew W B R Weir, Dr Henry H L Chan, Mr Lester G Huang, Dr Silas S S Yang, The Hon Martin Liao - Stewards of HKJC

Front row from left: De Sousa, Silvestre - winning jockey, Mr and Mrs Manfred Man - winning Trainer, Representatives of HKEIA Horse Racing Syndicate - winning Owner, Mr and Mrs Nick Hunsworth, President of Hong Kong Football Club, Mr and Mrs Neil Jensen, Chairman of Hong Kong Football Club and Dr Eric Li Ka Cheung - Deputy Chairman of HKJC



THE THOUGHTS OF THE CHAIRMAN

主席的話

Neil Jensen
Chairman



As we move into the month of April, I am pleased to reflect on the successful events that took place in March at the Club. I had the pleasure of attending the **Mike Worth Memorial Cup Banquet** last month which was held in honour of the late Mike Worth, a long time member of the Club and a dedicated member of the Lawn Bowls Section, as well as the Hong Kong lawn bowls community. The evening was a great opportunity to come together and celebrate Mike's life and legacy. It was a touching tribute to a man who had such a positive impact on the Club and members.

March was a fantastic month for rugby in Hong Kong with the **Hong Kong Sevens**, and the Club played a significant role in promoting and supporting the sport in the city. The Club hosted two significant rugby events, the **Junior Youth Rugby Festival** and the **Tradition HKFC 10s**, both of which were a huge success. The 10s were excellent and having the **Sportsman's Bar** back really topped it off. The matches were exciting and intense, and the VIP sections were filled with the who's who of Hong Kong sport, from government officials to captains of industry. Most importantly, thousands of Members, Guests and General Public descended on the Club to celebrate rugby week after such a long wait.

In addition, the Hong Kong Men's and Women's National Teams also recently participated in international tournaments at the Club, which featured several HKFC Hockey Section representatives. Most of our Club teams performed well in league fixtures throughout the month and remain in contention for division titles. Unfortunately, this year's signature event, the **HKFC Hockey 6s** which is typically held during the Easter period, has been cancelled. However, a **one-day Hockey 6s tournament** is set to take place on 1st May, providing fans and players with an exciting day of hockey. For more information, please stay tuned for the Hockey Section's news and updates. I also wish our Premier Teams the best of luck in the upcoming **Guv Dillon Cup** taking place in April and May.

I will sign off by sharing with you that the Club has appointed **Joe Wan** as Director of Finance, who will be joining us this month. Joe's extensive and impressive working history with Shangri-La, Rosewood and other 5-star hotel brands, in addition to his most recent work at the Fullerton Ocean Park, will be an asset to the Club.

Neil Jensen
Chairman

隨著踏入4月，讓我們回顧本會3月所舉辦的活動。首先，本人十分榮幸於上月出席**王銳富紀念盃晚宴**，以紀念已故王銳富先生（Mr. Mike Worth）。王銳富先生除了是本會的資深會員，還是草地滾球部及香港草地滾球界的忠實成員。當晚正正提供了一個難得的機會，讓大家聚首一堂，頌揚Mike傳奇的一生，以及他為本會及其他會員所帶來的正面影響。

對香港欖球界而言，3月的確是個多姿多彩的月份，皆因香港短短半年後，再次舉辦**國際七人欖球賽**，本會亦在推動及支援欖球運動方面擔當重要角色，於3月主辦過兩項欖球盛事，分別為**青少年欖球節**及**香港足球會十人欖球賽**，兩個活動均取得空前成功。十人欖球賽各方面都無可挑剔，而**Sportsman's Bar**的回歸更為十人賽更添圓滿。賽事緊張刺激之餘，VIP區也坐滿了香港體壇的重要人物及業界領袖。最重要的是，漫長的等待過後，本會能夠再度迎來數以千計的會員、嘉賓及公眾人士，一同全情投入精彩的欖球週。

另外，香港男子及女子曲棍球代表隊最近亦在本會的主場出戰國際賽，當中有部分球員是來自香港足球會曲棍球部的代表。除此之外，本會大部分的曲棍球隊整個3月在各自的聯賽均表現出色，繼續爭奪聯賽冠軍。然而，過往於復活節期間舉辦的**香港足球會曲棍球六人賽**本應為今年的年度盛事，但奈何因各種因素而要取消，實在可惜。雖則如此，本會將於5月1日舉行為期一日的**曲棍球六人錦標賽**，讓球迷及球員享受一整天刺激的曲棍球比賽，更多詳情請留意曲棍球部的最新消息。與此同時，預祝本會的曲棍球A隊及B隊於4月及5月舉行的**Guv Dillon Cup**旗開得勝。

最後，很高興向大家宣布，本會已委任**Joe Wan**為財務總監，他將於今個月加入管理團隊。Joe擁有超過10年的專業經驗，履歷豐富，過去先後於香格里拉、瑰麗及其他五星級酒店品牌擔當財務方面的重要角色，最近在富麗敦海洋公園酒店同樣擔任財政總監，他的加入將為本會帶來莫大裨益。

主席 **Neil Jensen**

HOPPY EASTER, EVERY BUNNY

COFFEE
SHOP

From 7th to 10th April 2023

EASTER LUNCH BUFFET

\$278 PER ADULT | \$139 PER CHILD (AGED 4-11)

On Sunday, 9th April during lunch time only:
The **Easter bunny** will stop by for a visit.
Junior Master Chef Class at \$100 per child,
including a set of junior chef uniform
to bring home.

EASTER DINNER BUFFET

\$298 PER ADULT | \$149 PER CHILD (AGED 4-11)

ENQUIRIES T: 2830 9569 | E: coffeeshop@hkfc.com

RESTAURANT

From 7th to 10th April 2023

EASTER SET LUNCH MENU

\$388 PER PERSON

For the menu, please scan the QR code



A La Carte menu is available during dinner

ENQUIRIES T: 2830 9562 | E: restaurant@hkfc.com



Available throughout the month of April

EASTER GOODIES AND HOT CROSS BUNS

ENQUIRIES T: 2837 2678 | E: kiosk@hkfc.com

GENERAL MANAGER'S MONTHLY MESSAGE

總經理的話



Randal Linhart
General Manager

As you have read in the Thoughts of the Chairman, last month was a busy time for the Club as we worked hard to **reopen the Sportsman's Bar** and play host the **Tradition HKFC 10s** and **rugby week celebrations**. Our Deputy General Manager, Tony, shone as the perfect "Right Hand Man" during this period as he led the Sports Department in taking care of organisers, 10s teams, and spectators needs, both on and off the pitch, during and after until the last man standing. At the same time, and while the Club was reaching its fullest potential, our incoming Director of Food & Beverage Christophe had a "baptism of fire." Fortunately for Christophe, he had a strong Executive Chef and the rest of the F&B team to back him up.

This month, the Club celebrates **Easter** and is "hopping" with special meals and activities. The **Coffee Shop will have a special buffet**, visits by the Easter Bunny, and there will be another **Junior Master Chef** activity on the outdoor patio. The Restaurant will offer a special set menu, and the Kiosk will have goodies to take home. There are also **Easter Camps** for swimming, tennis, and youth rugby for our younger members. Please check online or in person at the Sports Desk on the 1st floor.

April sees sporting activities in every corner of the Club. On the 5th (which is also a public holiday by the way), there is a new and exciting sporting challenge, the **HYROX P.F.T.** (Physical Fitness Test) taking place at the Infield Training Triangle and Hockey Pitch. It is free to everyone, with prizes being handed out to the winners. Additionally, in April, we have a **Tenpin Bowling Beginners Course** for Adults, which will introduce basic techniques and etiquette. On the 6th, there's **HKFC Badminton Society and Torq Sports Club Championship** for all ages, and from the 28th to the 30th, we are hosting the **HKFC/Torq Sports Junior International Invitation Badminton Tournament**.

To add some fun, we have a **kid's quiz** where they can match the sport to the field it's played on. The first 86 children to correctly match the sports and fields and show it to the Front Desk before Easter Day on 9th April will receive a chocolate Easter egg.

I look forward to seeing you down at the Club!

Randal Linhart
General Manager

正如主席的話提到，本會上個月一直努力不懈，既要**重開 Sportsman's Bar**，又要主辦港會**十人欖球賽及欖球週活動**，實在忙個不停。副總經理 Tony 在本會最忙碌的時候突圍而出，帶領體育部照顧十人欖球賽主辦單位、參賽隊伍及觀眾的需要，不論場內場外，以及賽事前後，直至所有人離開，Tony 都安排得妥妥當當，簡直是完美的得力助手。與此同時，當本會在此期間需要發揮最大潛能面對繁忙的3月時，新任餐飲部總監 Christophe 就要經歷「戰火的洗禮」，幸好他背後有穩健的行政總廚及餐飲團隊上下支持，攜手走過這一段路。

正值**復活節**，本會整個4月將「蹦蹦跳跳」，推出一連串特製餐點及精彩慶祝活動。首先，**Coffee Shop**會提供**復活節主題自助餐**，於午餐到晚餐時段都可以看到復活兔的蹤影，而於室外雅座亦會再次舉辦久違的**小廚神爭霸戰**。**Restaurant**的**復活節限定套餐**也同樣不容錯過；Kiosk 更有很好吃又可愛的禮品，等著大家帶回家。美食當前，自然也需要運動一下，**復活節訓練營**便最適合本會的年輕會員不過了，游泳、網球及青少年欖球三個訓練營任君選擇，欲知更多，可以在網上或到一樓的體育櫃檯查詢。

4月還有更多體育活動遍布本會的各個角落。適逢4月5日公眾假期，不妨到內場的訓練場及曲棍球場參加**HYROX P.F.T.**體能測試，所有參加者均可免費進行這個全新又刺激的運動挑戰，勝出者更可獲得獎項，快來試試自己的身手。另外，如成年人有興趣學習保齡球基本技巧及禮儀，可以報名參加我們4月的**成人初階保齡球訓練班**。本會4月亦會與 Torq Sports 合辦兩個比賽，分別是4月6日不設年齡限制的**港會錦標賽**，以及4月28至30日的**港會羽毛球國際青少年邀請賽**。

為了增添趣味，我們準備了一個**小遊戲**，讓小朋友把球類運動及相關場地的英文單詞配對起來。4月9日復活節前，首86位成功配對答案及將答案展示給前枱職員看的小朋友，即可獲得朱古力復活蛋一粒。

最後，祝大家有一個美滿的4月，記得一起來享受本會精心設計的復活節活動。

期待與大家在本會相見。

總經理 林克朗



CLUB'S SPORTS FACILITIES

Draw a line matching the words.

Soccer

Rugby

Hockey

Bowls

Squash

Court

Pitch

Lawn

Field

Pitch

An afternoon set tea reflecting fresh colours and flavours of Spring in the Garden.

Throughout the months of April and May.

SPRING GARDEN

AFTERNOON SET TEA FOR TWO



CHAIRMAN'S BAR

Enquiries: 2830 9559 or bar@hkfc.com



WOMEN'S BOWLER OF THE YEAR 2022



"I did not expect to have a remarkable result this year. Great thanks to all my coaches, partners and teammates. The honour of the Bowler of the Year 2022 belongs to all my teammates.

I got my heart ready on the finals day, but I did not perform well enough in the first game. Then I changed my mind and focus on drawing and "back to basic". It is important to be yourself. Never give up and lose hope. When you do the best, God will do the rest. Our team did play an enjoyable game together. It was an unforgettable moment to have many HKFC Teammates to work together and sparkle at the National Championship Final day.

Keep it going!!"

Christina Yeung



Grace Chu, Shirley Ma and Phyllis Wong

WOMEN'S NATIONAL TRIPLES CHAMPIONSHIP

Champions

Rita Shek, Christina Yeung and Honor Siu

Runners-up

Phyllis Wong, Shirley Ma and Grace Chu

WOMEN'S NATIONAL FOURS CHAMPIONSHIP

Runners-up

Camilla Leung, Phoebe Ho, Christina Yeung and Eva Yu



Christina Yeung, Honor Siu and Rita Shek

"Thanks to my partners for their support and encouragement, so that we can approach to the way of success hand in hand. Believe in yourself, there is always a door open for you."

Rita Shek

"After a miraculous semi-final win, I knew the National Triples final was not an opportunity to be squandered. For a month, I ate, slept and breathed lawn bowls, shaking the rust off after years of overseas study and greasing my bowling arm into working order in the nick of time. Practice paid off – if I had to use one word to describe this victory, it would be thrilling. The stars must have aligned over IRC that windy

afternoon, and I am ecstatic to have achieved my first title alongside my old HKYDT coach and teammate. Buoyed by their encouragement and energised by their spirit, I was propelled to see many a tough game through to the end. I am thankful to my team whose unwavering support granted me the freedom and confidence to thoroughly enjoy my first final. Though it seems that the training wheels have finally come off, I still have a long way to go before I achieve anything close to bowling mastery. The next challenge is calling my name, and I look forward to another journey filled with enjoyable games and enthusiastic high-fives."

Honor Siu

MEN'S 2X4X2 PAIRS CHAMPIONSHIP

Champions

Wilson Kwong and Terry Kung



Wilson Kwong and Terry Kung

"Patience is not about waiting, but the determination to maintain a positive attitude while waiting."

During these years, we kept polishing ourselves in the aspects of psychology, technique and strategy, trying to look for breakthrough ourselves. Finally, this is our 2nd National title, Men's 242 Pairs, since 9 and 12 years ago.

We had fun and enjoyed so much through the whole tournament. Let's stay focus to what we love, keep improving ourselves and encouraging anyone who loves this sports!!"

Terry Kung and Wilson Kwong

supporters, who gave me confidence and suggestions to improve. I am proud of fighting for HKFC."

Dicky Mak

"It still feels like a dream to grab such honourable trophy. I could not achieve this without all the trust, teamwork and support of HKFC Lawn Bowls Section. I feel grateful and proud to be a HKFC home-grown player. I first stepped on the lawn in Aug 2018 in the beginner course of HKFC to know what lawn bowling is. I was given the opportunity to represent our club to join the league games with the support and training from our experienced players. Under the youth development program, I have the chance to play in the top division together with the elite players who have given me coaching, guidance and invaluable practical experience to nurture me from a beginner to a champion in 5-year-time. I would like to extend my gratitude to my teammates, captains, committee and HKFC. We will continue to work hard and fight for HKFC with pride and dignity."

David Chiu



Dicky Mak and David Chiu

MEN'S NOVICE PAIRS CHAMPIONSHIP

Champions

Dicky Mak and David Chiu

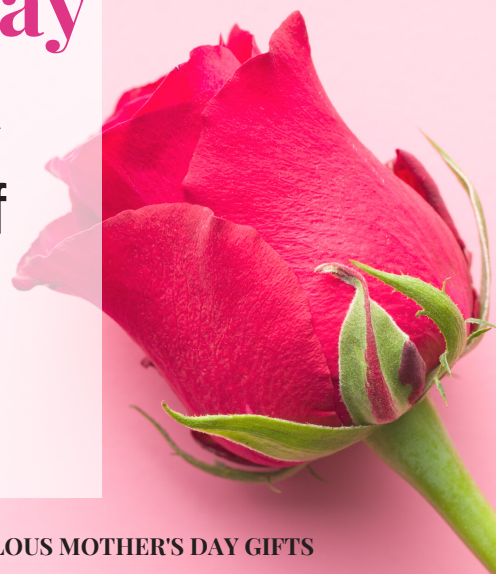
"I have fought so hard for many years and made myself into the semi-final 4 times but failed to get into the final. Novice Pairs Champion is my first title and it proved myself. I am so happy to have this breakthrough and I hope to achieve my goals step by step. I need to show my gratitude to my partner David Chiu, my family and all my



Mother's Day Gift FAIR

**Saturday, 6th of May
11 am to 7 pm**

**2/F, LOCKHART ROOM
HONG KONG FOOTBALL CLUB**



FASHION, JEWELLERY, LIFESTYLE AND MANY OTHER FABULOUS MOTHER'S DAY GIFTS



THE MIKE WORTH MEMORIAL CUP

Mike Worth was a stalwart of the Club's Lawn Bowls Section (LBS) for many years, but Mike wasn't just a bowler. His passion for the sport of lawn bowls went beyond simply playing the game. He served in a variety of positions on the LBS Committee, including Section Chairman, and on two separate occasions, Mike was the LBS General Committee Representative. He was very much liked and respected, and in recognition of his service to the LBS and the Club, he was made a Life Member of Hong Kong Football Club in 2012.

Mike's commitment to the sport of lawn bowls, however, extended beyond the confines of HKFC. He served as an officer of the Hong Kong Lawn Bowls Association (HKLBA), being Vice President (League) from 2004 to 2007 and Honorary Treasurer from 2010 to 2021. In addition, he actively supported and promoted the growth of

lawn bowls in China, and was Deputy Director (Development) of the Lawn Bowls Section of the China Multi-Bowls Association from 2012 to 2015.

So, what better way to show appreciation for a man who gave so much time so freely to the sport of lawn bowls than to organise a weekend on the greens on a beautiful spring weekend. The Mike Worth Memorial Cup, which was excellently organised by the Club's Lawn Bowls Section, was a fitting tribute to our dear friend Mike and the sport of lawn bowls which he was so passionate about. A total of 56 teams participated, drawn from 39 lawn bowls clubs, the HKLBA and the Hong Kong Youth Development team, plus 17 teams from HKFC. Following a round-robin group stage, played on the greens at HKFC and CCC, the top 16 teams entered the Cup and Plate knockout stages. HKFC had a very healthy representation in the quarter-finals, and our teams obviously found the Club's Outdoor Green very much to their liking as both the Cup and Plate finals were contested exclusively by HKFC teams.

To close out the weekend, a very convivial and sumptuous banquet dinner attended by 260 players, officials, guests and friends was held in the Sports Hall. Speeches were given by **Stephanie Worth**, LBS Chairman **Johnny Tsang** and LBS member **Roger Nissim**. HKFC Chairman **Neil Jensen** also spoke and while doing so, captured a wonderful moment when everyone at the dinner stood, raised a glass and drank a toast to Mike, perfectly illustrating the respect Mike enjoyed within the lawn bowls community.

It was a wonderful weekend, with everyone delighted to have the opportunity to celebrate Mike's life and his love of lawn bowls. Acquaintances were renewed among old friends throughout the weekend, and the thought that was never far from anyone's mind was how much Mike would have enjoyed it all. There is no doubt he was watching over proceedings, taking it all in, and possibly even taking a few photographs along the way.

Mike Worth, gone but not forgotten.



MIKE WORTH MEMORIAL CUP

Champions - HKFC 4

Eva Yu, Honor Siu, Esmond Lee,
Kenneth Yiu and Danny Ho

Runners-up - HKFC 6

Josephine Lam, Tim Or, Raphael Chan,
Mobin Yau, and Kenny Tam

**MIKE WORTH MEMORIAL CUP
PLATE COMPETITION**

Champions - HKFC2 9

Cherry Tsoi, Stephen Sy,
Camilla Leung, Christina Yeung
and James Po

Runners-up - HKFC 2

Phoebe Ho, Yunse Ha, CT Wong
and Adrian Yau





HKFC Natixis Ice

The final weekend of February was momentous for our senior teams.

On top of our Men's 1st team, **HKFC Natixis Club** (who were crowned Premiership League Winners on 11th February), another 6 teams joined them in securing their various leagues:

The Women's 1st team, **HKFC Natixis Ice**, secured the Women's Premiership League, 8 years after securing promotion into that very same competition.

HKFC Natixis Dragons won Premiership A, an extraordinary turnaround after suffering their first 2 defeats in 3 years earlier this season.

HKFC Natixis Scorpions responded to a first-round loss to win 9 games on the bounce and secured the Men's Championship.

HKFC Natixis Fire won the Women's Championship B, highlighting the depth the women's section has built in its short 26-year history.

HKFC Natixis Sequins won the Men's Community League 2, proving to everyone that it's never too late to hang up those rugby boots!

Congratulations to all players, coaches and staff on a great season.



HKFC Natixis Sequins



HKFC Natixis Dragons



HKFC Natixis Club



HKFC Natixis Scorpions



HKFC Natixis Fire

bom apetite cozinha
PORTUGUESA



Mediterranean dishes that are like its people:
warm, vibrant, spicy, and a little mysterious.
Also, a list of recommended Portuguese wines and ports,
throughout the month of April at the Chairman's Bar.



CHAIRMAN'S BAR

Enquiries: 2830 9559 or bar@hkfc.com

FROM THE CHAIRMAN OF YOUTH RUGBY

YOUTH RUGBY

As I write this, preparation is well underway for the showcase matches at the "CATHAY/HSBC Hong Kong Sevens" in March, including the march-past. By the time you read this, we might have had already enjoyed a practically normal Hong Kong Sevens.

JUNIOR YOUTH - FESTIVALS!

By the time you read this report, we should have had the Valley Fort Festivals on 5th March and HKFC Festival on 19th March reports from Head Coaches accompany this message.

TOURS TO SINGAPORE

For those who were thinking about tours to Singapore, for the non-contact year (and younger contact) groups, the TRC Junior Cup is in May and, as you know, those who are interested will be going.

For all other year groups (including both Junior and Senior Youth), the TRC Cup will be played in the first weekend in October, and we intend to go. Please await to hear from your Head Coaches and Team Managers.

Sadly, Centaurs have decided not to have a tournament this year due to the Singapore government resuming the lease on Turf City, their ground.

Denis Brock
Chairman



U7

U7 took 7 teams and a fleet of buses to Tai Po for the return of the Flying Kukris Festival. For many of us, it was a first visit to the EdUHK facility, but credit goes to the FK committee for hosting a wonderful morning of rugby.

Perhaps benefiting from the bonding experience of the long Coach journey, U7 continued their domination of the division, ending with a record of W23 D4 L1. One clear highlight of the day was a thrilling 9-9 draw between the FC Pumas team and Sai Kung Stingrays. The athleticism and team work on display belied the players' young ages and the determination on both sides to never give up was truly inspiring.

U9

It isn't every weekend that our U9s get to take a team bus to a tournament and to play on grass. Both of these were the case for our trip to the Flying Kukris tournament in beautiful Tai Po. There was an early scare as the rain came tumbling down, posing uncertainty for the carefully planned match strategies that the coaches had laid out, but the boys quickly adapted to the conditions and seemed to revel in being covered in mud and grass. The tournament was notable because it was the first time our teams were attempting positioning on the field, with each team anointing a scrum half and fly half. This was building on the work they have done on the ruck and of course on the contact tackling that they only began this season. Given it is a lot for the boys to take on

board, our technical play held up well throughout the tournament. Tackling was solid, the ruck and breakdown were good and there was even some passing. It was another tournament where the progress the boys have made since September was plain to see. They are growing up.

U11 CONTINUE TO DOMINATE

FC1 played four (Sandy Bay; Sai Kung Stingrays; USRC Tigers; Discovery Bay Pirates) and won all by good margins. 18 tries were scored by FC1. Some say they conceded two tries but some say the score sheet was kept clear.

FC2 played the same four teams, won three matches and drew the final match against DBP.

FC3 played four, won three and lost one. FC4, the development squad of boys very new to rugby, did well, played four and won their first match. In their subsequent matches, the opponents started using players from their first teams, resulting in defeats for our team. To coin a phrase, "that's just not cricket" ...





KIM LAM CUP

ROUND 5

HKFC U12 girls put in another strong performance in the **fifth round** of the **Kim Lam Cup tournament**, played in Happy Valley on 19th February. FC1 won all three preliminary games before drawing the final play-off against main rivals USRC Tigers and demonstrated excellent structure, width and attacking flair throughout. Expertly led by the coaching team of **Laura Cowan** and **Jayne Nuku**.

In our first game, FC1 defeated DB Pirates 6-1, with a combination of stout defence and sharp attack. Two tries from **Emily Pomana** set the stage, after good pressure at the scrum from **Eleanor Hartwright** and counter rucking



Amika on attack

from **Jessica Cowan Choi**. This was followed by attacking skills across the team, with tries from **Caroline Lindsay** following a direct run, **Amika Potgieter** after FC1's first clean lineout win (lineouts being introduced in the tournament for the first time this season), **Danielle Leung** off turnover ball and a wide pass from **Cara Riddell**, and finally a kick return from **Amy Tsz Tung Yu**.

In the second game, FC1 took on Valley Fort, coming out winners 6-4, again showing great defensive play, structure and attacking intent. Four tries came from turnover ball through counter rucking, a scrum drive and defensive ball stripping – two to **Amika Potgieter**, and one each for **Caroline Lindsay** and **Ellen Loo**. Two kick-off returns led to tries from **Liliana Kahu** and **Amy Tsz Tung Yu**. Strong defensive efforts by **Valentina Walters** and **Liv Bannon** kept Valley at bay. Despite the win, FC1 had some work to do to tighten our defence after some quick penalties led to a number of late tries by VF.

In the third match, FC1 played against traditional strong rivals USRC Tigers. FC1 dominated the match in a 4-1 win over the Tigers. Club quickly jumped out to a 2-0 lead on a quick pass by scrum half **Eleanor Hartwright** from the ruck out to **Emily Pomana** for a try.

Followed by a brilliant run up the middle by **Amika Potgieter** with a pass out to **Emily Pomana** to score a try on the wing. Club continued to dominate the match, with a great defensive play by **Ellen Loo** stealing the ball from a Tiger ruck, and then a perfectly timed pass to **Amika Potgieter** for a try.

In the final play-off round, FC1 faced off against USRC Tigers again (1st/2nd in the group). This time FC1 faced more stout competition, ending with a 5-5 draw in a hard-fought contest. FC1's attacking strength again came through, with two tries from **Emily Pomana** (one from a skilful offload from **Caroline Lindsay**), and one each from **Amika Potgieter** after a ruck turnover), **Ellen Loo** from a penalty and **Amy Tsz Tung Yu**, the last one, an excellent team try after runs from **Nina Gourlay** and **Emily Pomana** and the final offload from **Amika Potgieter**.

All in all, a superb showing from U12 girls FC1 team, unbeaten and showing continued progress, particularly in attack, with a number of expansive team tries, robust turnovers and well-organised structure.

Ben Hartwright
and Allen Schoonmaker

MATCH REPORTS

U13

Due to a lack of teams from other clubs, there was no U13 league this season, so the U13 boys played in the U13/14 Championship this season. Good season for the boys with a few tough games as playing against U14s in some games made a difference. On the final weekend of 15-a-sides, both teams had play-off games with FC3 playing Valley in the 3/4 play-off and FC4 playing Gai Wu/THT in the 9/10 play-off.

FC 3 V VALLEY

FC3 lost a couple of early tries to Valley. However, unlike the semi-final, they didn't let their heads go down and fought back into the game in the first half and got their reward with a try from hooker **Liam Reynolds** just before halftime. Conversion from **Xavier Cox** made it 12-7 at the break.

In the second half, a mixture of bad luck and a couple of lapses in concentration (plus some continual illegal play at the breakdown – no bitterness here!!) let Valley in for some easy tries and they went into a 36-7 lead. FC3 kept fighting and continued to look to move the ball through hands, and after a period of pressure on their line, the ball went wide and full back **Connor McLaughlin** went over for a try at the end. Final score – 36-12.

FC 4 V GAI WU/THT

The 9/10 play-off was much anticipated with the boys of FC4. However, on arrival at KGV, the referee told us that the opponents only had 6 players and could not play, hence by default FC4 won the game.

The boys were disappointed the referee said we can play 10-a-side game – FC4 provided 5 players and we had a great game. The referee gave a score of 20-0 (this is just for record), but the real score was 59-10 with both side scoring. FC4 had a taste of what the pace and space they will experience in the coming 10s tournament.



TRY SCORERS

Zachary Chin	3*
<i>*score for both teams</i>	
Leo Farzam	1
Ilario Bazzoni	1
James Donald	1
Henry Oyedele	2
Anthony Wickens	1
Efe Demiral	1



U14G

On Sunday, 12th February, the U14G HKFC1 and HKFC2 7s squads played their first round of matches in this year's competition.

The HKFC1 squad, made up of **Bella, Anna, Millie, Brianna, Louise, Mia, Niall, Lea, Chiara, Romaine** and **Sabrina**, performed extremely well in their four matches at Tai Hang Tung. The girls' attitude and commitment have always been their greatest strengths and these came to the fore again with exceptional performances and a focus on the importance of kick-offs and defence.

The girls enjoyed four victories: 36-0 vs Stingers, 43-0 vs Sandy Bay 2, 20-0 vs a very strong Sandy Bay 1, and 22-7 vs DB/FK/SLB. Their defence held out until the last play of the last game, and this is something that the girls should be very proud of and something we hope to emulate in the next round.

The HKFC2 squad, made up of **Zoe, Philo, Sophie, Megan, Ines, Sophia M, Juliana, Anamaya, Maddie, Yenni** and **Suzie**, also performed very well in their three matches at Stanley Ho, earning a resounding win against Stingers 2, a comeback draw against Valley Fort 2 and a tough loss against Valley Fort 1. We are super proud of their effort and team spirit.

We are looking forward to the next rounds of 7s matches on 5th and 19th March with the finals scheduled for Hong Kong Stadium on the Friday morning of the HK7s on 31st March.





U16

It was Grand Final day on Sunday, 5th February, the climax of a 15's season. The U16 boys FC 1 team had reached the final, having come top of the league, winning all their games and conceding zero points. A tremendous effort in itself. What lay ahead was an ever-improving USRC Tigers team wanting to spoil the fun. Our pro coaches **Charlie Higson-Smith** and **Mason Tupaea** (first-team players for Club) had the players prepared for the off. Kicking off into the wind, FC1 were off and running. It was a solid first half with both teams tackling hard and moving the ball to try and create space. Midway through, FC1 put in a sustained amount of pressure inside the Tigers' 22. Driving through the middle with great forwards work, it was then spun out wide into space for **Ollie Phillips** to open the scoring. 5-0. Five minutes later, we conceded a penalty 10m out. Tigers chose to kick and that made it 5-3. With some clever tactical kicking and pressure, FC1 started to move into their next gear. A lovely grubber kick through from **Liam Gordon** allowed **Dominic Falso** to chase through and score an excellently worked second try. Liam to convert. It made the half-time score 12-3 in our favour. In the second

half, the confidence was high, and we dominated most of the play with Tigers barely getting inside our 22. At the other end of the pitch, we had a few chances to score. Credit must go to the Tigers for a resilient defence. However, eventually all the pressure would take its toll. Following a scrum 5m out, **Simon Carmichael** drew in the defensive line and passed it out wide for **Pietro Conti** to score. 17-3. With around 10 minutes to go, Tigers were awarded a penalty and decided to kick again. 17-6. Into the last 5 minutes, FC1 were not letting up. They mounted more pressure inside their 22, which resulted in a penalty. The Tigers were drawn in to protect the line. It created space out wide where Ollie scored his second try and sealed a marvellous victory, 22-6. A fantastic team performance by all involved, not only the team playing on the day but for the

whole U16 squad. Everyone has done their part. Congratulations.

A big thank you must go out for the support on the day, from parents, teammates and HKFC players from other age groups. #OneClub

Our FC2 team has also had a successful 15's season. They gained promotion from the Championship to the Premiership for the second half of the season. This was fantastic and well deserved. A victory over Sandy Bay earlier in the fixtures meant that they played Valley for the 3rd place play-off. It was tough going, and unfortunately Valley came out winning the game. It has been a steep learning curve that will put them in good stead for next season. It takes heart to go out there and keep going when things are not going your way. Well done FC2.



U18

The U18 Boys Championship was won by Football Club on Sunday, 5th February after leading the league throughout the season and coming out victors in a closely fought final match (29-26) against the Tigers at Tai Hang Tung. Fluctuating player numbers during

the season have presented Club with challenges, but the boys have performed very well and have really benefitted from the coaching of **Ben Axten-Burrett** and **Jed Gillespie**.

Congratulations also to the U18 Boys Premiership team that finished runners-up this season. An enormous improvement in the second half of the season took them into the Grand Final. Well done all.



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BOXING DAY FESTIVAL OF FOOTBALL HISTORY

PART 2



Post 2008, the re-launch of the Soccer Section's Boxing Day festivities had seen increased participation from Section Members and families in both the annual England vs Scotland match and the 'Youth Football Programme', with local teams being invited to compete against HKFC select teams. However, the persistent reluctance of participation from teams and players associated with the Hong Kong Junior Football League (HKJFL) remained. For the 'Festival of Football' to both continue and thrive, this issue needed to be addressed.

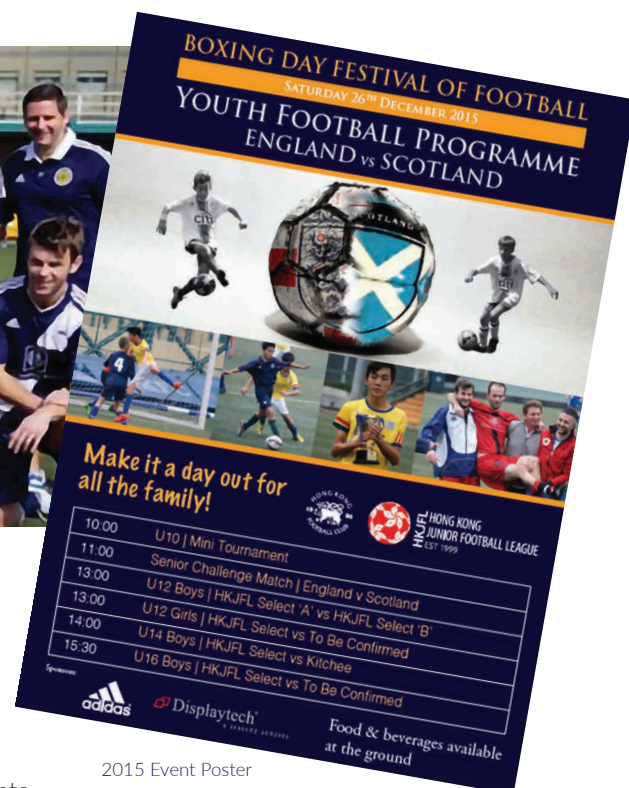
Following the increased popularity of the previous year's event and the participation of many players from HKJFL teams, the HKJFL's Chairmen, **Paul Smith** and **John Powell**, launched a campaign promoting the event among the HKJFL teams. Their support paid off, with the 2015 'Festival of Football' seeing the first official involvement of the HKJFL as

a joint partner in the event's 'Youth Football Programme', a role that the HKJFL continues to this day.

2015 also saw the support of Adidas who provided, free of charge, playing kit for all participants in the 'Youth Football Programme' as well as both the England and Scotland teams. Thus commenced the ongoing tradition whereby, as a memento of the day, the each youth player kept their playing kit. Other ongoing traditions introduced in 2015 included:

- Participants in the 'Youth Football Programme', similar to the Barbarians rugby team, sporting the socks of their representative club teams
- The matchday programme, providing greater involvement for spectators with details of all participating teams and players

With the previous year setting the benchmark for all future events, 2016 saw a continued growth of participation of junior players in the 'Festival of



2015 Event Poster

'Football' and the introduction of the first 'Hong Kong Island' vs 'Kowloon and Islands' challenge matches. The U12 Boys and U12 Girls matches comprised players selected exclusively from HKJFL teams, with team allocation based upon the location of the player's place of residence.

Scotland triumphed in the 'Auld Enemy' clash, ably assisted by an injection of new talent from its foreign legion of clansmen:

After concerted effort from outgoing Section Chairman **Kieran Flynn**, 2017 saw AIA join as title sponsors for the 'AIA Boxing Day Festival of Football', a role that they continue to fulfil. The introduction of AIA to the event paved the way for their subsequent increased



2017 Event Poster

2022 Event Poster

participation in and sponsorship of the Section's Junior Soccer Programme.

The 2017 edition of the 'AIA Boxing Day Festival of Football' set the template for all subsequent festivals, which, with each year, has grown in both popularity and participation. The event continues to provide a range of youth challenge matches over differing ages, from U10 to U16, with representation across the local youth footballing community. The efforts of the coaches, teachers, organisers and the parents have all contributed to the success of the event, which is now a highlight of the Hong Kong footballing calendar. However, particular note and thanks are due to current and past members of the Organising Committee, including **Dave Williams, Ciaran Roddy, Chris Chan, Paul Smith, Tom Cole, Alan Jackson, Tom Champion** and **Nam Nguyen**.

Kieran Flynn



Messrs Williams and Zavou in Action



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MENS

**TIMOTHY CHOW****JOINED MEN'S TEAM** 2022**POSITION**

Defender

Tim started playing football at the age of 6 and joined the HKFC junior soccer programme when he was 8. Whilst playing for team 1 at the junior soccer level, Tim was also playing above his age group for the HKFC youth pathway and Colts teams, progressing all the way through the youth system until he joined the First Team last year.

This is his first season playing for the First Team and is the youngest player to start in the Hong Kong Premier League, and has even made the HK U23 National Team at just the age of 16 recently.

Tim says: "I never would have thought that I would be making the jump to the First Team so early at the start of the season, but the opportunity presented itself and I am very grateful for the chances Tony and the coaching staff have given me. Training and playing for the First Team is truly a fantastic experience and our season thus far has exceeded all expectations. I believe this is not only down to the players, but all coaches, staff and supporters of the Club who have been driving us along throughout the season. The atmosphere during our home games have been electric and this motivates the team to perform at the highest level. This truly has been a remarkable season for the Club, and I hope we can continue this momentum until the end of the season!"

**RAPHAEL MERKIES****JOINED MEN'S TEAM** 2022**POSITION**

Winger

Raphael started playing football at 6 years old in his hometown club in France before getting selected for the French National team U15 camp and trained with Paris Saint-Germain youth academy.

In 2016, he had to move to Hong Kong due to his parents' work and joined HKFC U16, before getting called up to Colts in 2017 and captaining the team in the 2018-2019 season.

Raphael represented the Club in both Gothia Cup 2018 and 2019, and also in the HKFC Soccer Sevens in 2019.

Graduating from the French International School of Hong Kong in 2019, Raphael went back to France for his studies.

After 3 years of university, he decided to come back to Hong Kong and take the opportunity to play in the Hong Kong Premier League to give a start to his professional career.

Raphael says: "I am extremely thankful towards HKFC and more particularly the coaches Tony, Anto and Monty who allowed me to make my professional debut. It's amazing to have plenty game time in Hong Kong's top tier league, and the Sapling Cup gives an extra opportunity for young players to show themselves which is wonderful, especially for young players from the Club like Tim, Justin and myself.

It is also important for me to play alongside more experienced players in order to learn from them and improve in different areas.

Our first half of the season has been amazing with some incredible results for us. Hopefully we can keep going this way and make Club's history in Hong Kong football."

WOMENS



EMERY FUNG

JOINED WOMEN'S TEAM 2019

POSITION

Winger/Striker

Emery first joined HKFC in 2019. Emery started playing Football from grassroots level in Hong Kong and has trained with the Hong Kong U15 Youth Team in the past. After moving to the UK, Emery also picked up Hockey and progressed to the West of England level and Hong Kong National Team.

With the influence of Hockey and Football, Emery is able to read the game well and decided to put football as a priority going forward.

Emery is also passionate in community building, currently volunteering at Gay Games Hong Kong and is working hard to bring the Games to the Club!

Emery says: "I am so pleased to have joined the Club. The team is in great spirit - we have people from all walks of life, making it a very diverse and inclusive environment. We are really building something special in the way we play and the way we're forming our principles together, so the next couple years are going to be big for us!"

REACH THE ELITE

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2023 SINGAPORE SQUASH JUMBO DOUBLES TOUR

After four long barren years, the Tanglin Club Squash Jumbo Doubles tournament in Singapore made a return to the tour calendar. As ever, HKFC Squash was ready with a roster of experienced pro's and new hands to answer the call.

Jumbo Doubles is a funny game. If squash is already a relatively niche sport, Jumbo Doubles is niche amongst the niche! According to the Tanglin Club's tournament guide, the first jumbo courts were built in Philadelphia in 1907, but by the latter years of the 20th century, the sport had really found its home in Southeast Asia. Similar to the game of English Rackets (but thankfully without the iron core ball) the game is played in a court roughly twice the length of a standard squash court and about 1.5x as wide. This meant of course that my signature powerful drives down the forehand side (dubbed "the Hammer of Thor" by some) were rendered all but useless. Power and speed play decidedly second fiddle to height and deep hitting. What's really fun though, is the team aspect of the sport. As we saw throughout, good communication and teamwork often proved the winning factor in a tournament frequented mostly by players used to the singles game. The game is played at a slower pace too as

you have far more time to see the ball coming and anticipate an opponent's shot. Rallies can go on for 20-30 shots, with those at the back doing most of the heavy lifting while those at the front jockey for position, should a loose ball provide an opportunity for a quick attack. Another quirk that took time to adjust to was the let/stroke's rule. Let's are the norm for all but the most egregious infractions which ends up encouraging quite a bit of blocking and highlights the importance of the dark arts among the more competitive minded.

So, after discussing tactics and taking some time to understand how we ought to adjust to this new type of squash, we dove in and immediately reverted to type, trying to smash the ball and outmuscle our opponents at every opportunity. **Quang and Simon** - a last-minute pairing - made a valiant effort but couldn't find their game, crashing out in the 1st round of the Open Plate. **Adrian and Ken, Will and Paige, TK and Wilson, Rob and Ray**, all took time to find their footing, making a quick exit in the main draw but soon





establishing their rhythm in the Open and Master's Plate with all pairings making it past the minimum 2 matches and onto the 3rd day of proceedings. **Carmen and Rapha** led the way in the main draw, with Carmen (a former Tanglin Jumbo Doubles champion with partner **Phil Head**) taking command and orchestrating proceedings from the back while Rapha utilised his speed and agility at the front to great effect. Their next round proved much tougher, however, with a loss in the main draw 2nd round giving them a place in the Special Plate.

A major highlight of the tournament came in the Plate semi-finals in the form of a local HKFC derby. Adrian Ng and Kentaro Lin showed their experience in Jumbo Doubles by taking the first game against Will and Paige. The younger pairing dug deep and proved they were not to be counted out just yet as they fought back in the 2nd to set up a grand finale in the 3rd. It looked to be game, set and match for Adrian and Ken as they stormed into a 9-1 lead. But once again, Will and Paige fought back to take the match and win with an astounding 11-10 scoreline. It was quite the match played with real intensity and sportsmanship. Reflecting after a tough loss, Adrian had only this to offer: "Life must go on, sh*t happens sometimes."

As the final day of the tournament dawned, HKFC Squash was well represented with Will and Paige competing in the Plate finals and Carmen and Rapha in the Special Plate semi-finals. Alas, this was a step too far for our battle-weary bodies as we stepped off court for the last time with nothing but the pungent smell of tiger balm and the sweet taste of

ibuprofen to greet us as consolation. Still, it was a great tournament all round and a big thank you must go to Adrian Ng for organising such a wonderful tour, and to all the sponsors and everyone at the Tanglin Club for hosting this great event. As we settled in to replace the calories (and then some!) at the prize-giving lunch buffet, Carmen summed it up well: "at the beginning of the tournament, we were playing squash. At the end, we were playing doubles."

William Chapman

FULL RESULTS

Special Plate Semi-Final
Carmen Lee and Raphael Macresy

Plate Final
William Chapman and Paige Hill

Plate Semi-Final
Adrian Ng and Kentaro Lin

Master's Plate Quarter-Final
TK and Wilson

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RISING TO THE CHALLENGE:

CELEBRATING THE WINNERS OF USFHK SQUASH COMPETITION 2022-2023

The USFHK Squash Competition 2022-2023 was a thrilling event that brought together the best university squash players from around Hong Kong. The competition was held at the Hong Kong University of Science and Technology, and was a showcase of talent, skill and sportsmanship.

In the Men's Division, Parco from the Chinese University of Hong Kong took home the silver medal while Andy, Hector and Raymond from the Hong Kong University of Science and Technology claimed the bronze. Nam from the University of Hong Kong placed fifth, and Anson from City University of Hong Kong placed sixth.

The Women's Division was no less exciting, with Mariko from the Hong Kong Polytechnic University taking home the gold medal. Renee from the University of Hong Kong claimed the silver while Rachel from City University of Hong Kong claimed the bronze. Heylie from the Education University of Hong Kong placed sixth.

These talented athletes worked hard to earn their place on the podium, and their achievements are a testament to the dedication and perseverance they bring to their sport. The USFHK Squash Competition is a highlight of the squash calendar in Hong Kong for universities student, and we are proud to celebrate the success of these players.

At the HKFC Squash Section, we believe in the future of squash and are committed to

supporting the development of young players. We understand the importance of providing opportunities for growth and fostering a love for the sport in the next generation.

That is why we have established programs and initiatives that are dedicated to youth development. Our programs are designed to provide young players with the skills, knowledge and experience they need to succeed on and off the court.

Together, we can support the future of squash and help young players achieve their dreams.

We extend our congratulations to all the athletes who competed in the USFHK Squash Competition 2022-2023, and we look forward to seeing what the future holds for these talented players.



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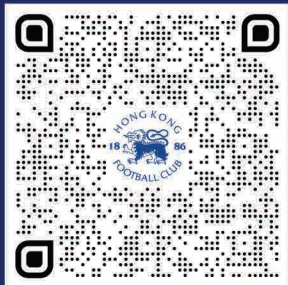


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QUICK FIRE
QUESTIONS WITH

IMRAN SHAH

From learning how to play hockey from one of Pakistan's greatest goalkeepers to representing Pakistan at the 2012 London Olympics, Imran Shah's hockey journey has taken him across the globe and to the pinnacle of our sport. The shot stopper now finds himself suiting up for the HKFC Men's A team in the Hong Kong Hockey Association's Premier Division. We caught up with Imran after the Men's A team's convincing 5-2 victory over KCC A and asked him ten Quick Fire Questions:

When did you join HKFC?

"I joined last year at the start of the 2022-2023 season."

What is your role at HKFC (including which team you play for)?

"I am the goalkeeper for the Men's A team and I am also the goalkeepers' coach for the Hockey Section."

What is your hockey background?

"I first got in the Pakistan Junior Team in 2006. I went on to represent Pakistan at the 2012 London Olympics as well as the Champions Trophy in 2012. I was also the goalkeepers' coach for the Pakistan national hockey team."

Who taught you how to play?

"My first teacher was the late Muhammad Qasim who I think is the best goalkeeper in the world."

Who is your hockey hero?

"My hockey hero is Shahid Ali Khan."

What is your best hockey moment to date?

"I played for Pakistan in a match against Australia in 2010. The match went to sudden death and I managed to save a penalty corner from Ciriello who I consider to be one of the best strikers on the Australian team. Australia still won though."

If you are not a goalkeeper, where would you play?

"If I am not a goalkeeper, I would play as a right midfielder."

What inspired you to join HKFC?

"Hong Kong Football Club is a good club in Hong Kong. There are a lot of opportunities here and I enjoy the grounds and the gym."

What are your goals at HKFC?

"My one goal is for us to win the Holland Cup."

What is your favourite food?

"Mango."



JVA



U19 STORM

On the back of a great Autumn Season in U16A, Storm have been promoted to U19B for the Spring Season.

We have played two games so far and are doing well. The most recent game was on Sunday, 19th February against Alectrona Lotus, a newcomer to the league.

This was such an awesome game to play and watch. Alectrona Lotus were strong opponents with a number of their players being on the HK U21 squad. Play was intense. At times, it was hard to tell who was in the lead because goals came in chunks - we scored several then they scored several. Rain slowed the pace down temporarily, but before long, both coaches were yelling "slow down!"

The final score was a 30-23 win Storm.

U19 TWISTERS

The U19 Twisters are 3 games into our Spring Season and have 3 convincing wins. A key player from the squad made her comeback from an ankle injury last weekend during our game against HKCC. Welcome back **Grace**. It's great to have you on court with us again! The team's connection is stronger than ever and is showing with the multitude of combinations on court that are all able to bring success. None of our wins would've been possible without Coach **Kath** on the sideline keeping the team composed and providing us with the support to continue playing to our best. It's been a great start to the Spring Season for the girls. We're going for gold!



U19 MAVERICKS

The Mavericks have been unlucky in their games at the start of the season. Starting with a 44-11 loss to the Twisters, the team rebounded to some extent by playing out a really close game with their old rivals Sai Kung. After a slow start, we had to come back late in the game and although we ended up losing by just 3 points, the Mavericks played really well and the game could easily have gone either way.

Our third game was a physically demanding game in slightly wet conditions versus ISF with both teams struggling to get passes to hand in the damp conditions. Some really tight defending made it really difficult to get the ball into the circle. Despite this going into the last quarter, it could still have gone either way, but unfortunately the Mavericks again fell just short. At times this season, the girls have shown they can work really well as a team. They move the ball quickly around court and they are working well for each other off the ball.

U16 RED RAIN

It was great to see the team back together after the Christmas and CNY break. First game was at Fa Hui against SKS Hammerheads and the team was unlucky to be beaten 24-21, but with Red Rain only having 7 players available, it was an amazing effort. It was exciting to have a close run game...we'll get them next time!

The best tonic for a close defeat is a mighty victory. During the game against CIS Phoenix, the team was full of enthusiasm and determination. The girls started off the game really strongly and the effort and standard of play didn't really waver. The final score being a resounding 47-6 victory.

On a very wet court but with a full complement of players, HKFC Red Rain faced the same HKCC Firebirds team that beat us in the final last term, so the girls were out for some revenge. Red Rain went ahead quite quickly and didn't give them much time to settle. The second quarter was more evenly matched and we had to defend well, and credit to their GK who was in fine form. The final two quarters saw the girls hold their nerves. Passing well and not really letting the HKCC team get hold of the game. HKFC Red Rain ended up winning 28-16.



U14 THUNDER

Thunder have had an amazing season so far - won 21-13 against HKCC Cranes, 23-17 against SKS Sharks and 22-9 against HKFC Rainstorm. The girls have been slick, determined and focused as they have gone from strength to strength throughout the season. Some epic battles with brilliant play in defence, centre court and some brilliant shooting - well done to all the girls and a massive thanks to **Rachel** who continues to coach and guide them every week.

U14 TREMORS

The Tremors are off to a great start to the season with two wins under their belt (15-8 vs Sandy Bay Rockets and 9-3 vs SKS Seals). A big thank you to Coach **Vivian** and Coach **B**, our new coaches for the season who have worked with the girls to see them go from strength to strength. The girls have found their rhythm with great defence, a fast midcourt and great shooting. Well done to all the Tremors for such a great start to the season!



U12 LIGHTNING

The Lightning girls are having a great start to the Spring Season with an unbeaten record so far. Their latest game was against HKU Sandy Bay Zodiacs. Despite the competition, the girls kept their cool throughout with some great defending by both **Ellie Roddy** and **Heidi Graham**. They both intercepted a vast majority of balls coming into their defending circle, and with some good movement and support down through midcourt, managed to convert those intercepts into some great goals! It was also great to see our newest member **Tanya Hathiramani** on court and playing a great game. The final score was 17-9 and made that the third victory in a row for the team. Amazing effort by all once again!



S&T SMASHES IT

AT OUTWARD BOUND ADVENTURE RACE 2023

With the removal of the social distancing restrictions, the renowned Outward Bound Adventure Race took place on 19th February 2023. **Jessica McCarrol, Adrian McCarrol, Richard Hall and David Gething** joined two offered race routes.

Adventure Race is an annual fund-raising event of Outward Bound Hong Kong to help underprivileged bring about their personal growth. The event challenges the participants physically and mentally as well as develop their teamwork, leadership and problem solving skills.

Typically, a team of 4 enters this incredibly fun race that challenges comfort zones by demanding physical endurance, teamwork and navigational ability in unfamiliar surroundings whilst having fun.

Both race routes require on and

off trail running, kayaking, swimming, orienteering plus various unknowns.

Jessica and Adrian, together with their other two teammates (Jack and Jacey), tackled the 14km Challenge Route and won the Master Mixed category in a time of 5:03:32.

Richard and David, together with their other two teammates (Jan and Paolo), tackled the 20km Elite Route and came third in Elite Men category in a time of 5:24:03.



UPDATES FROM HONG KONG STANDARD CHARTERED MARATHON 2023

Despite very challenging weather conditions, S&T members joined the Marathon on 12th February. **Vasco van der Flier** ran the half marathon distance in a very fast time of 01:26:30 and came 78th of 11962 overall. Congratulations Vasco! **Richard Hall** ran the marathon distance in a super quick time of 03:06:55, coming 260th of 5773 overall. **Mayank Vaid** also ran the marathon distance in a time of 03:17:55.



CAITRIONA JENNINGS'S LIMITLESS ULTRA FEATS

Huge Congratulations to **Caitriona** on being voted as the Ultra Runner of the Year Runner-up by the International Association of Ultrarunners. Despite the travel challenges, Caitriona has had a very successful 2022, including setting multiple ultra running records. Way to Go, Caitriona!



S&T AT THE HKFC CENTENARY CUP RACE NIGHT

S&T members were spotted, not just racing or challenging themselves or others at sporting events, having a really good time at the race night hosted by the Club Chairman **Neil Jensen**.

SHINING AT SHORT AND LONG COURSE MASTERS SWIMMING CHAMPIONSHIPS



Despite the pandemic that befell our HKFC Swim and Triathlon Society Members, some of our finest swimmers managed to overcome their Covid illnesses to demonstrate their commitments to and passions for representing HKFC in competing in the Hong Kong Annual Short Course Masters Swimming Champions on 11th February 2023 and Long Course Masters Swimming Championships on 15th January 2023. Despite their grogginess from having not fully recovered from the illness and still being in the torpid state, the team pulled off some of the most spectacular and inspiring winning performances in the individual events that have never been witnessed. The Hong Kong masters swimming scene again was in awe of the pedigree of HKFC swimming team.

Our butterfly specialist **Chris Cheng** put up another awesome display in literally "flying" first in the short course 50m fly in the 25-29 age group. His explosiveness, combined with some of the finest butterfly techniques, built a near 2 seconds margin gap coming in 26.15s. Our "catch me if you can" **Edmund Wan** aggrandised his number one position in the long course 50m freestyle event in the 50-54 age group. His well-deserved personal best time of 29.39s underlies his training commitments and showcases to the rest of the team. Edmund's immediate

ensuing event of 100m backstroke came in a respectable fourth despite the built-up of the lactic acid from the previous event. The English idiom "epic" deeds have more worth than words' befits our renowned Coach **Dominic Tsui** who came in an amazing second place in both long course 50m breaststroke and 50m freestyle 60-64 age group, narrowly missed out the top spot by a razor-thin margin. Coach Dominic scored a respectable second place in the short course 50m butterfly and 200m freestyle. Dom's dignified second place in a diversity of strokes and distances underscores his mastery in the swimming sports and his commanding of much desired respects as a professional swimming coach. Our Swimming Captain **Craig Nortje**, having been awoken from his slumber by the commotions at the pool, decided to compete in the short course 25m and 50m freestyle and 50m butterfly. For those readers who may not be in the competitive swimming world, our South African native Craig is a world-class swimmer, having won many world swimming pool and open swim events (if you do not believe me, please google him!!). His achievements at the World Master Swimming Championships, where he won silvers in the 200m butterfly twice

and 400m IM and two relay bronzes and placed at a commendable 4th place for both 200m IM and 100m fly speak for themselves. Needless to say Craig inexorably destroyed all the competing swimmers in these three Hong Kong local events. But the real highlight is that our all mighty Captain Craig led by example by light-handedly breaking the long-standing Hong Kong 25m freestyle record in his age group. It is certain that his re-emergence reverberates the Hong Kong masters swimming scene and cements HKFC team as the best, if not one of the very best of swimming club, in Hong Kong. Our indefatigable **Patrick Ip** continued to demonstrate a much required fortitude in the world of competitive swimming. His surprise first place and second place in the short course 50m freestyle and 50m butterfly came on the back of his much reluctant move into the higher age group of 55-59 this year, which cruelly betrays his youthful look. Patrick's winning secret is being the youngest of his age group that can give him an enviable competitive advantage!!

We congratulate HKFC swim team for the excellent results and applause the swimmers for their continued commitments to making HKFC as a leading swimming club in Hong Kong.

Tandoori Mixed Grill

All ingredients are marinated with a great combination of spices and cooked inside a "Tandoor".

Available throughout the month of April

Tandoori Mixed Grill

Lamb chop, lamb kebab, chicken leg, prawn, salmon and paneer cheese with mushrooms, cauliflower and potatoes, served with mint raita

\$198





The GC (Blue) and Golf Society (White) teams ready to do battle.

Left to right: Andy Ho, Damien Lacey, Philip Nunn, Neil Roberts, Ian Petersen, Nick Hunsworth, Kien Ng, Chris Page, Fook Chew, Dallas Reid, Don Roberts, Heather Deayton, John Thompson, Jonny Brock, Dave Cross, Phil Head

GOLF SOCIETY 30TH ANNIVERSARY CELEBRATION EVENT



KK, Mark Saunders, Ali Murray & Nigel Steffensen in front of the South China Sea which claimed several balls

FRIDAY, 10TH FEBRUARY 2023 SHEK O

After two failed attempts to get this fixture off the ground thanks to inclement weather, a packed coach headed off from the HKFC, filled with eager golfers (I use that term loosely).

The main aim of the day was to mark the 30th anniversary of the HKFC Golf Society with a memorable fun event. Thanks to schedule problems caused by Covid, it was decided to also take advantage of having reserved the entire Shek O golf course to hold our annual match between the Golf Society Committee and the General Committee.

With a focus on fun, the format of the anniversary event was a four-man "yellow ball" event. For those who have never

played this format, each team is given a yellow ball at the start of the event, and team members take turns to use it for one hole and then hand it on. The team's score is the total of the points achieved (Stableford system) by the yellow ball. The real "fun" element being that the yellow ball cannot be replaced if lost. This of course puts huge pressure on players (especially perhaps the less proficient ones) when faced with carries over the sea, or one of the many ponds which are dotted around Shek O golf course. Of course simply because your ball lies at the bottom of a deep pond, does not necessarily mean it is lost, not if you take a sufficiently determined approach to the event as some of the photos will attest. One player (who will remain nameless) sent his caddy 200 yards down Shek O Road to retrieve a ball that he had launched over the golf course boundary fence, only to plunk it right in the middle of a very deep muddy pond as soon as she handed it back to him. She refused all suggestions that she plunged into the pond to dredge the mud for the ball and so regrettably it stayed there.

Remarkably, three teams finished the round with their yellow ball, an almost

A successful rescue of the yellow ball



Don Rider fishing for the yellow ball. Nick Hunsworth "assisting" in a purely supervisory capacity



SOCIAL EVENT

Winning Team

**Henry Lai
William Chan
Ryan Woollford
Greg Medhurst**

Runners-up

**Phil Nunn
Dave Cross
Chris Page
Jonny Brock**

Best Stableford

Chris Burley

Best Gross

Phil Head

Near Pins

**Alastair Murray
Mark Saunders
Jenny Chapman
Marco Jorge
Nick Hunsworth
"KK" Kostienko**

Nearest in 2

Graeme Brechin

Donkey of the Day (Worst Nett)

Damien Laracy

Longest Putt

Angus Walker

GENERAL COMMITTEE VS GOLF COMMITTEE MATCH

<i>Golf Society Committee</i>	<i>HKFC General Committee</i>	<i>Result</i>
Jonny Brock & Philip Nunn	Dave Cross & Chris Page	GC
Dallas Reid & Ian Petersen	John Thompson & Damien Laracy	GC
Phil Head & Heather Deaton	Nick Hunsworth & Don Rider	Half
Andy Ho & Kien Ng	Neil Roberts & Fook Chew	GC

unheard of feat, no doubt thanks to some determined "fishing" expeditions.

As for the Committees' match, perhaps the less said the better. Despite the Golf Committee having a clearly superior team, some failure of the handicapping system resulted in the General Committee winning by 3 ½ points to ½.

As ever, the golf was followed by a few libations on the terrace overlooking the course, followed by a sumptuous dinner with barbecued lamb on the clubhouse lawn. **Phil Head** decided that all prize winners would be required to consume a shot of Sambuca to celebrate, and for some less understandable reason decided that he needed to have one with each of them. At the end of the night, it was clear that our 30th anniversary had been well and truly celebrated, and we look forward to the

next 30 years!

A huge thanks is due to the event organiser **Jonny Brock** who took on the organisation of this huge event three times and made sure it all ran flawlessly. A big thanks is also due to Shek O Golf Club for allowing us to use their club and presenting the course in wonderful condition.

The smug winning GC team



Phil Head doing what he does best - leading people astray, in this case Chris Burley



Show me the way to go home



SPORTS

With the various Covid restrictions easing, our 24 participants were all happy to be able to head to Kau Sai Chau with minimal interference from the ongoing mask requirement. The weather was a pleasant 20 degrees with a nice cloud covering for those who are sensitive to sunshine! The only menace to low scoring was a tricky one-to two-club wind which continually varied in strength and direction.

This, however, appeared to be enough to defend the course, along with diabolical punishment for inaccurate shots, which meant at the end of the day, the winning stableford scores were quite modest.

The most successful under the conditions was **KK Law** who finished with a creditable 32 points off his 25 handicap. There followed a close tussle for the podium with the next three players all recording 29 points. This battle was won by **Andrew Wood** on countback, with **Andy Ho** pushing **Dorothy Lam** into fourth. Fortunately Dorothy won nearest to the pin on the 5th and the ladies' long drive, and so did not go home empty-handed.

No one seemed to notice the "Nearest the Pin in 2" flag on the 14th, but maybe it suffered the fate of the near pin marker on the 5th which was blown out of its stake. Clearly we need better quality markers.

Dallas Reid

STABLEFORD WINNERS

1st	KK Law	32 points
2nd	Andrew Wood	29 points
3rd	Andy Ho	29 points
4th	Dorothy Lam	29 points

NEAREST TO THE PIN

Hole 3	Nil
Hole 5	Dorothy Lam
Hole 8	Elsa Lee
Hole 13	Alvin Young
Hole 14	Nil *2nd shot
Hole 15	Henry Lai

LONGEST DRIVE HOLE 17

Women's	Dorothy Lam
Men's	Marco Jorge

BEST GROSS

Dallas Reid

GOLF OUTING

THURSDAY, 2ND FEBRUARY 2023
KSC EAST COURSE



Andrew Wood showing perfect balance on the follow through



Mary Soo's perfect form: Clearly her lessons have been paying off



Andrew Wood, Elsa Lee, Mary Soo, Dallas Reid - still smiling on the 18th tee box!



The day's winner, KK Law

GOLF OUTING RESULT

TUESDAY, 31ST JANUARY 2023
FANLING, EDEN COURSE

LONGEST DRIVE HOLE 7

Women's	Jennifer Chapman
Men's	Matthew Keefe

NEAREST TO THE PIN

Hole 2	Shane Burgess
Hole 5	John Dainton
Hole 12	Ted Li
Hole 15	Ted Li
Hole 17	Ted Li
Hole 10	Matthew Keefe *2nd shot Par 4

STABLEFORD WINNERS

1st	Chris Burley
2nd	Stephen Knight
3rd	Ted Li

BEST GROSS

Tak Keung Yeung 85 points

AUSTRALIAN OPEN SOCIAL

The HKFC Australian Open tennis social was held on the afternoon of Saturday, 28th January. Arranged by the ATA coaching team, 38 players took part in the fun event.

Dressed in an array of Australian outfits, players were split into 2 open groups and 1 social group, competing in a doubles mixer throughout the afternoon. A short match format with some rule variations meant everyone had lots of matches, with additional chances to win bonus games through a balloon popping challenge each round. A well-fought 5 point singles match tiebreak had to be played to decide the winners of the open group 2 and social group categories due to a tie in games won.

AUSTRALIAN OPEN SOCIAL

Open Group

Winner **Jonathan Quach**
 Runner-up **Alistair Todd**

Open Group 2

Winner **Romain Levaire**
 Runner-up **Bill King**

Social Group

Winner **Andy Boulton**
 Runner-up **Franki Chung**

Best dressed
Aki Hashimoto



Open Group winner Jonathan



Open Group 2 winner Romain



Social Group winner Andy



Aki (left) won the best dressed prize





SUPER SENIOR LEAGUE

Our HKFC Super Senior Team have finished the 2022/23 League with 6 losses, 2 draws and 1 win.

Captain Job expressed his appreciation to every teammate for playing in a tough Covid environment as well as with injuries.

Star of this season goes to **Wickham Shek** - his "down the line" shots put pressure on the opposition. Also, Wickham is an established role model of a Social and Healthy over 70 years old!



PROTIVITI CHALLENGE

Congratulations to the first winners of our newly established Protiviti Challenge!

2022 FALL SEASON

Best Performing Female Player

Ladies' A Team **Vivien Choi**
10-2 win/loss record

Best Performing Male Player

Men's D Team **Justin Flowers**
Romain Levaire
Both have a 21-0 win/loss record

Best Performing Team

Men's D team
3rd place standing, 5-2 win/loss record



THE WORLD IS FLAT ... BREAD!

Pool Bar

Available throughout the months of March and April.



Gözleme (Turkish)

Stuffed with Turkish spiced beef, wilted spinach, Feta and mozzarella cheese

Ladenia (Greek)

Topped with oven roasted cherry tomatoes, kalamata olives and red onions



Naan (Indian)

Spread with curry sauce, topped with chicken tikka, green peppers, onions, coriander, red chili and mint raita




Coca de Recapte (Spanish)

Topped with sardines, roasted bell peppers, red onions, aubergine and herbs



\$89
each

Enquiries: 2830 9569 or coffeeshop@hkfc.com  Suitable for Vegetarian

TAKEAWAY ITEMS

Japanese Hot Pot Sets

FOR 2 TO GO!

Shabu Shabu is sliced thin while Sukiyaki is chunkier.

Either of these Japanese hot pot sets are all you need to cook up at home.

Please order 2 days in advance, available from April to June

すき焼き



BEEF

Sukiyaki
PACK

\$560 PER PACK
(serves two)
2 days advance order required

COFFEE
SHOP

Enquiries: 2830 9569 or coffeeshop@hkfc.com

しゃぶしゃぶ



BEEF

Shabu Shabu
PACK

JUNIOR ASSOCIATED MEMBERS REPORT

ASIA MIXED TEAM BADMINTON CHAMPIONSHIP 2023 - DUBAI

Even though it was only a televised broadcast, we witnessed Hong Kong China team's fantastic results in the Badminton Asia Mixed Team Championship 2023 on 14th-19th February 2023 in Dubai Exhibition Centre. Our elite JAM **Saloni Mehta**, world ranking at 232 (dated 23rd February 2023) was one of the ladies' singles representative for Hong Kong China team.

Hong Kong China team successfully entered into the quarter-final against India. Saloni started off with a spectacular game against Olympic silver medallist **Pusarla V. Sindhu** (world ranking at 9 dated 23rd February 2023). Saloni orchestrated her attacks almost flawlessly and made few mistakes whereas Sindhu was caught by surprise how well Saloni was managing the first game, and Saloni won by 16:21. Being an experienced high world ranking player, Sindhu caught up with herself and after advice from her coach, she went full throttle onto Saloni using powerful smashes and won the remaining 2 sets. Hong Kong China team also lost the quarter-final by a close margin of 2:3 games. All of us, however, were just thrilled by Saloni's achievement and looking forward to her next endeavour.



Saloni in her second game after winning Sindhu, Olympic silver medallist in the first game.

BADMINTON ASIA MIXED TEAM CHAMPIONSHIP 2023

WS - Match 2

S Mehta	21	21
M Shahzad	12	13

WS - Match 3

Wen Chi Hsu	15	21	21
S Mehta	21	11	6

WS - Match 4

Pusarla V S	16	21	21
S Mehta	21	7	9

QUARTER-FINAL MATCH

INDIA	HONG KONG CHINA
Ishaan Bhatnagar	Lee Chun Hei Reginald
Tanisha Crasto	Ng Tsz Yau
Lakshya Sen	Ng Ka Long Angus
Dhruv Kapila Chirag Shetty	Tang Chun Man Yeung Shing Choi
Pusarla V. Sindhu	Saloni Samirbhai Mehta
Treesa Jolly	Ng Tsz Yau
Gayatri Gopichand Pullela	Ng Wing Yung



Happy sparring with new ICC coach Dawn Cuyno



Our elite JAM Saloni Mehta assisting in a multi-feeding shuttlecock routine with the junior squad players.

ELITE JAMS TRAINING, SPARRING AND COACHING JUNIOR SQUAD

Even though our elite JAMs all have very busy training schedules in the national training centre Sports Institute on daily basis, they will still come down to HKFC, sparring and assisting in coaching the junior squad players. The new addition of sparring coach **Dawn Cuyno** under ICC was also a huge bonus to strengthen the competition readiness of the elite players.



HKFC & TORQ SPORTS JUNIOR BADMINTON INVITATIONAL TEAM SERIES 2022-2023

This is our very first junior team series organised and held at the Hong Kong Football Club. We have invited 4 local teams that have outstanding local junior development programs. The age groups were U14 and U17, and there were a total of 5 teams in the group stage. The match format was 9 games per match, including two boys' and girls' singles each, 2 pairs of boys' and girls' doubles each and 1 pair of mixed doubles. HKFC U14 junior team fought through the group stage in second place with a total points of 93 and entered the championship round. Championship was held on 27th January 2023 and it was an evening with spectacular performance of junior badminton. In the end, U14 team finished with an outstanding performance of first runner-up. All junior players enjoyed the newfound friendship and sportsmanship and will come back stronger!



JAMS SOCIAL REPORT

After the completion of our first HKFC & Torq Sports Junior Team Series 2022-2023, JAMs and parents, together with team coach, headed off to a spectacular buffet at the Coffee Shop on Sunday, 12th February. HKFC U14 team won the first runner-up in their first team series, well done team!

HKFC AND TORQ SPORTS PRESENTS
**HKFC & TORQ SPORTS
JUNIOR BADMINTON
TOURNAMENT 2023**
(OVERSEAS PLAYERS
PARTICIPATION)



28,29,30 APRIL 2023
HKFC SPORTS HALL

SIGN UP ONLINE



INQUIRY:

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WHATSAPP ONLY +852 6533 7877
WWW.TORQBADMINTON.COM

UPCOMING HKFC & TORQ SPORTS JUNIOR BADMINTON TOURNAMENT 2023 (OVERSEAS PLAYERS' PARTICIPATION)

This is an especially exciting year because there will be overseas players coming to participate in our annual junior tournament. These juniors are all current from prestigious national or regional junior squad and they are keen to compare the standards against our local players.

UPCOMING JUNIOR EVENTS

28th-30th April 2023

HKFC & Torq Sports International Invitational
Junior Tournament 2023

June-September 2023

Age Group Ladder Series (Summer) 2023

September 2023 – January 2024

HKFC Junior Team Series 2023-2024



BOWLING INTEREST GROUP REPORT

The second half of the 2022-2023 Hong Kong Inter Club Tenpin League resumed on 16th February where BIG played a home game against Hong Kong Cricket Club. BIG won 16 to 4 on the scratch series. **Adrian Li** scored his highest game of 256 and his high series of 591. Well done team!

On 23rd February, BIG played another home game against Royal Hong Kong Yacht Club. BIG won 18 to 2 on scratch and lost 8 to 12 on handicap series. **Roy Chan** achieved a high game of 212 and his high series of 582. We are delighted to have **Gordon Chow** to play in this match. Gordon has been a veteran BIG member despite his young age and we really appreciate his contribution during his visit to Hong Kong.

The first Bowling Interest Group Adult Beginner Course, which will take place in April, has received overwhelming response. Registration was full within 2 days of the announcement. We are looking to organise another course in June if there is sufficient demand. If you are interested to join, please send an email to hkfc10pinbowling@gmail.com so that we can inform you of our next course when available.

We welcome all Club Members to join Bowling Interest Group. Practice takes place every Thursday evening at 7pm. If you are interested in taking up tenpin bowling as a sport, please come along and join in the fun!

CAPTAIN'S
 BAR

CAN I HAVE JUST A MOMENT OF YOUR TIME?

FRY THE FRIENDLY SKIES

AIR-FRIED SNACKS, DEMONSTRATED BY CALVIN

AVAILABLE THROUGHOUT
 DIFFERENT DAILY SELECTION
 THE MONTH OF APRIL AND MAY

Enquiries: 2837 2622 or bar@hkfc.com

HIGHLIGHTS IN APRIL

FESTIVE CELEBRATION



Hoppy Easter, Every Bunny!

Our F&B team already planned a bunch of activities during the Easter holiday, including the Junior Chef cooking class on Easter Sunday at the Coffee Shop. Easter goodies and hot cross buns are also available at the Kiosk.

TAKEAWAY



From 3rd April to June

Japanese Hot Pot Sets for 2 to Go!

Shabu Shabu is sliced thin while Sukiyaki is chunkier.

Either of these Japanese hot pot sets are all you need to cook up at home.

Please order 2 days in advance.

SPORTSMAN'S BAR



"It's all Greek to Me"

Souvlaki plates loaded with marinated grilled meat skewers, warm pita, fries, salad, and topped with Tzatziki sauce. Finish it off with a slice of Baklava. OPA!

Daily Special: Spitting Pig Scottish Hog Roast
"The King of Crackling"

Beverage: Japanese Craft Beer

RESTAURANT



Abalone

Dishes of this shellfish delicacy are so rich and flavourful; you will feel like you're in Avalon.

Available throughout the whole month.

CAPTAIN'S BAR



Fry the Friendly Skies

Air-fried snacks, demonstrated by Calvin.

Beverage: Chamomile Drinks

FAMILY LOUNGE



Pineapple Punches

Live from Bikini Bottom, "He lives in a Pineapple under the Sea..."

Food: Tortillas Pizza Rolls

CHAIRMAN'S BAR



bom apetite cozinha

PORTUGUESA

Mediterranean dishes are like it's people: warm, vibrant, spicy, and a little mysterious. Also, a list of recommended Portuguese wines and ports, throughout the month of April at the Chairman's Bar.

Set Tea: Late Winter in Hokkaido

COFFEE SHOP



Aroi Mak Mak!! อร่อยมักมาก!!

Celebrating Songkran, Thai New Year, there's a themed dinner buffet available every Friday and Saturday, special monthly dishes, and Thai style special drinks.

Monthly Special: Tandoori Mixed Grill

Buffet Upsell: Songkran Dishes 2.0

Beverage: Songkran Special Drinks

POOL BAR



Songkran Special Drinks

Food: The World is Flat...BREAD!

KIOSK



Homemade Easter Cup Cakes, Cookies and Hot Cross Buns

WINE EVENTS



Thursday, 13th April

Castello Banfi Masterclass

TIME 7pm – 8:30pm

SPEAKER Mr Paolo Fassina,
Banfi Representative

PRICE \$258 per person

(\$50 refund for any wine purchased right after the class)



Friday, 28th April

South America's Winter Wine Dinner

TIME 7:30pm Welcome Drink,
followed by Dinner

VENUE Restaurant, 2/F

PRICE \$888 per member
\$938 per member's guest

Enquiries and Bookings: 2830 9532
or restaurant@hkfc.com



Saturday, 29th April
Sunday, 30th April

Interesting, Unusual Regions Wine Fair

Featuring wine from China, Portugal,
Morocco, Lebanon, Moldova and more.

TIME 1:30pm – 6pm daily

VENUE Lockhart Room, 2/F

Tasting available

PREVIEW
IN MAY

FESTIVE

*This Mother's Day, there's a host of ways to
celebrate Everything, Everywhere,
All at Once for Mums*

WINE EVENTS

Friday, 19th May

Wine Dinner: **Bordeaux Wine Dinner**

Thursday, 25th May

Wine Masterclass: **Loire Valley**

Saturday, 20th May | Sunday, 21st May

Wine Fair: **Everything But The Wine**

COFFEE SHOP

Buffet Theme: **Japanese BBQ Bonanza Themed Buffet**

Monthly Special: **Okinawa Furusato Dishes**

Buffet Upsell Platter: **Kushiyaki Platter and
Izakaya Otsumami Sampler**

Beverage: **Yuzu and Shikuwasa Plum Drinks**

Takeaway: **Shabu Shabu & Sukiyaki Pack**

POOL BAR

Food: **Fritti Snack Shack**

Beverage: **Yuzu and Shikuwasa Plum Drinks**

RESTAURANT

Emerald Gems

SPORTSMAN'S BAR

Outdoor Cooking Station: **Teppanyaki Sandwiches**

Daily Special: **Sweet and Sour**

Beverage: **Thai Beer**

CHAIRMAN'S BAR

Food: **Japonism**

Set Tea: **Spring Garden**

Wine & Spirits: **Sakura Themed Cocktails**

CAPTAIN'S BAR

Grilled Waffle Sandwiches

Lychee Drinks

FAMILY LOUNGE

Stuffed Doughnuts

Pineapple Drinks

KIOSK

Mother's Day Cake Pre-order and Gift Selection

CATERING

Saturday, 6th May

Shopping Hong Kong – Mother's Day Gift Fair

TIME 11am – 7pm

VENUE Lockhart Room, 2/F

RESTAURANT

TEL 2830 9562
EMAIL restaurant@hkfc.com



TEL 2830 9569
EMAIL coffeeshop@hkfc.com



TEL 2830 9531
EMAIL sportsmans@hkfc.com



CHAIRMAN'S BAR

TEL 2830 9559
EMAIL bar@hkfc.com



TEL 2837 2622
EMAIL bar@hkfc.com



TEL 2837 2663
EMAIL bar@hkfc.com



TEL 2830 9531
EMAIL coffeeshop@hkfc.com



TEL 2837 2678
EMAIL kiosk@hkfc.com

CATERING
SERVICE

TEL 2830 9513
EMAIL catering@hkfc.com

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Soak Up THE SUN

SOFT TOUCH

- 1. Skyline Towel (Light Blue, Black, Navy, Pink, Red) \$320
- 2. Sports Towel \$165
- 3. Cotton Big Towel \$135

FOR FUN

- 4. Wahu Beach Soccer Ball \$210
- 5. Wahu Beach Mini Soccer Ball \$130
- 6. Wahu Footy Ball \$210
- 7. Wahu Mini Footy Ball \$130
- 8. Logo Swimcap \$80
- 9. Huggies Nappies (S, M, L) \$50

BETTER PROTECTION

- 10. Cancer Council Sunscreen SPF 50+ 110ml (Ultra, Kids, Everyday Value) \$139
- 11. Cancer Council Sunscreen SPF 50+200ml (Active, Sensitive, Work) \$239
- 12. Insect Repellent (Kids, Tropical Strength, Low Irritant + Antiseptic) \$106



EASTER GOODIES AND CLUB-MADE EASTER ITEMS

**CLUB-MADE
 HOT CROSS BUNS**
 \$49 / 6 PIECES



**CLUB-MADE
 EASTER CUPCAKES AND COOKIES**

Raspberry & Osmanthus Flower Cup Cake
 Green Apple & Pine Nuts Cup Cake
 Lemon Poppy Seed Cup Cake \$27/EACH
 Vanilla Butter & Lemon Peel Cookies \$59/EACH



EASTER GOODIES

- Riegelein Colour Chocolate Egg 300g \$108
- Thorntons Milk Bunny 170g \$108
- Lindt Gold Bunny & Friends Hunt Pack 160g \$138
- Lindt Bugs & Bees 50g \$42
- Jelly Bean Baby Chick Key 50g \$58





ABALONE

Dishes of this shellfish delicacy are so rich and flavourful;
you will feel like you're in Avalon.

Available throughout the month of April, at the Restaurant.



RESTAURANT

Enquiries and Bookings: 2830 9562 or restaurant@hkfc.com